P	Preschool & Elementary Lunch Menu – January 2024			
Monday	Tuesday	Wednesday	Thursday	Friday
			KCS School Nutrition offers a variety of fresh whole fruit or 100% fruit juice daily. Students may select up to two servings of fresh fruit offered daily. Sandwich Trimmings (4) offered with all sandwich choices	Approximate grams of Carbohydrates per serving is shown in parenthesis Mayfield Milk Choices - 1/2 pint serving White Skim (13) White 1% (13) Fat Free Chocolate (20)
			January 4 th	January 5 th
			Choose 1 Entrée Big Daddy's Cheese or Pepperoni Pizza (42) Bone-In Chicken (11) w/ WG Biscuit (27)	Choose 1 Entrée Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27) WG Crunchy Fish Sticks (22) w/ WG Roll
			WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)	(32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)
			Side Item Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15)	Side Item Oven Baked Fries (14) Green Beans (4)
				<u>Dessert</u> Chocolate Chip or Sugar Cookie (18)
January 8 th	January 9 th	January 10 th	January 11 th	January 12 th
Choose 1 Entrée Stuffed Crust Cheese or Pepperoni Pizza (31) 5 WG Chicken Nuggets (20) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) Side Item Waffle Fries (26) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)	Choose 1 Entrée WG RF Fritos (16) Chips, Chili & Cheese (26) Homemade Grilled Cheese (36) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) Side Item Tater Tots (19) Green Beans (4) Caesar Salad (5) Veggie Nibbles (5)	Choose 1 Entrée Orange Chicken (19) Fried Rice Bowl (54) Nick's BBQ Sandwich (2) on WG Bun (27) Southwest Chicken Salad (22) w/ WG Roll (32) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1) Side Item Curly Fries (25) Fresh Steamed Broccoli w/ Cheese Sauce (5) Garden Salad (2) Baby Carrots (5)	Choose 1 Entrée Cheesy Chicken Nachos (32) Mini Corn Dog Nuggets (32) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1) Side Item Bush's Black Beans (30) Garden Salad (2) Veggie Nibbles (5) Dessert Strawberry & Lime Winter Frozen Treat (20)	Choose 1 Entrée Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27) Hot Dog w/or w/o chili and cheese (13) on WG Bun (26) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) Side Item Oven Baked Fries (14) Spinach Maria (16) Garden Salad (2) Baby Carrots (5)

January 15 th	January 16 th	January 17 th	January 18 th	January 19 th
	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée
	Nardone's Cheese or Pepperoni Pizza (28)	6 Chicken & Vegetable Dumplings (31)	Spaghetti (42) w/ or w/o Meat Sauce	Charbroiled Hamburger (1) or
			(10) & WG Roll (32)	Cheeseburger (3) on WG Bun (27)
	5 WG Chicken Nuggets (20) w/ WG Roll	Turkey & Cheese (2) on WG Bun (27) w/ RF	MC Decider City Children Teacher (C)	A NACIDIA ACIDIDA CINA AND RIVA
Student	(32)	Doritos (20)	WG Regular or Spicy Chicken Tenders (6)	4 Wild Mike's Cheese Bites
	WG Uncrustable PBJ (32) w/ Cheez-Its	WG Uncrustable PBJ (32) w/ Cheez-Its (14)	w/ WG Roll (32)	WG Uncrustable PBJ (32) w/ Cheez-Its
Holiday	(14) & Cheese stick (1)	& Cheese stick (1)	WG Uncrustable PBJ(32) w/ Cheez-Its(14)	(14) & Cheese stick (1)
лошину	(21) & Giresse stion (2)	a cheese stick (1)	& Cheese Stick(1)	(21) & oncess stion (2)
_	Side Item	Side Item	. ,	<u>Side Item</u>
	Mashed Potatoes (17) w/ or w/o gravy (4)	Tater Tots (19)	Side Item	Oven Baked Fries (14)
	Sweet Yellow Corn (15)	California Blend Mixed Vegetables (5)	Curly Fries (25)	Bush's Baked Beans (30)
	Garden Salad (2)	Garden Salad (2)	Green Beans (4)	Caesar Salad (5)
	Baby Carrots (5)	Veggie Nibbles (5)	Caesar Salad (5)	Veggie Nibbles (5)
			Baby Carrots (5)	
			Dessert	
			Chocolate Chip or Sugar Cookie (18)	
			chiocolate chip of dagar coome (20)	
January 22 nd	January 23 rd	January 24 th	January 25 th	January 26 th
Choose 1 Entrée	Choose 1 Entrée		Choose 1 Entrée	Choose 1 Entrée
Big Daddy's Cheese or Pepperoni Pizza	Bone-In Chicken (11) w/ WG Biscuit (27)		Breaded Chicken Parmesan w/ WG Roll	Charbroiled Hamburger (1) or
(42)	Harris and Called Charry (20)	Stuffed Crust Cheese or Pepperoni Pizza	(32)	Cheeseburger (3) on WG Bun (27)
	Homemade Grilled Cheese (36)	(31)	2 W C May Character (12) / 1/2	MC County Fish Girds (22) / MC Ball
5 WG Chicken Nuggets (20) w/ WG Roll	WG Uncrustable PBJ(32) w/ Cheez-Its(14)	Stuffed Crust Cheese or Pepperoni Pizza (31)	2 WG Max Cheese Sticks (32) w/ ¼ cup Marinara Dipping Sauce (3)	WG Crunchy Fish Sticks (22) w/ WG Roll
(32)	& Cheese Stick(1)	WG Uncrustable PBJ(32) w/ Cheez-Its(14) &	Marmara Dipping Sauce (3)	(32)
WG Uncrustable PBJ (32) w/ Cheez-Its	a cheese stick(1)	Cheese Stick(1)	Mini Chef w/ Ham (4) w/ WG Roll (32)	WG Uncrustable PBJ (32) w/ Cheez-Its
		5555 5tion(1)	1 3 (1) 10, 100 (32)	` , ,
(14) X ₁ (heese stick (1)	Side Item			(14) & Cheese stick (1)
(14) & Cheese stick (1)	Side Item Mashed Potatoes (17) w/ or w/o gravy (4)		WG Uncrustable PBJ (32) w/ Cheez-Its	(14) & Cheese stick (1)
(14) & Cheese stick (1) Side Item			WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)	(14) & Cheese stick (1) Side Item
Side Item Tater Tots (19)	Mashed Potatoes (17) w/ or w/o gravy (4) Green Beans (4) Caesar Salad (5)	Side Item	, , ,	<u>Side Item</u> Oven Baked Fries (14)
Side Item Tater Tots (19) Sweet Yellow Corn (15)	Mashed Potatoes (17) w/ or w/o gravy (4) Green Beans (4)	Crispy Hashbrowns (31)	, , ,	<u>Side Item</u> Oven Baked Fries (14) Bush's Baked Beans (30)
Side Item Tater Tots (19) Sweet Yellow Corn (15) Caesar Salad (5)	Mashed Potatoes (17) w/ or w/o gravy (4) Green Beans (4) Caesar Salad (5)	Crispy Hashbrowns (31) Garden Salad (2)	(14) & Cheese stick (1)	<u>Side Item</u> Oven Baked Fries (14) Bush's Baked Beans (30) Garden Salad (2)
<u>Side Item</u> Tater Tots (19) Sweet Yellow Corn (15)	Mashed Potatoes (17) w/ or w/o gravy (4) Green Beans (4) Caesar Salad (5)	Crispy Hashbrowns (31)	(14) & Cheese stick (1) Side Item	<u>Side Item</u> Oven Baked Fries (14) Bush's Baked Beans (30)
Side Item Tater Tots (19) Sweet Yellow Corn (15) Caesar Salad (5)	Mashed Potatoes (17) w/ or w/o gravy (4) Green Beans (4) Caesar Salad (5)	Crispy Hashbrowns (31) Garden Salad (2)	(14) & Cheese stick (1) Side Item Curly Fries (25) Glazed Carrots (15) Caesar Salad (5)	<u>Side Item</u> Oven Baked Fries (14) Bush's Baked Beans (30) Garden Salad (2)
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Side Item Tater Tots (19) Sweet Yellow Corn (15) Caesar Salad (5)	Mashed Potatoes (17) w/ or w/o gravy (4) Green Beans (4) Caesar Salad (5)	Crispy Hashbrowns (31) Garden Salad (2)	(14) & Cheese stick (1) Side Item Curly Fries (25) Glazed Carrots (15) Caesar Salad (5) Veggie Nibbles (5) Dessert	<u>Side Item</u> Oven Baked Fries (14) Bush's Baked Beans (30) Garden Salad (2)

January 29 th	January 30 th	January 31st
Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée
Nardone's Cheese or Pepperoni Pizza	French Toast Sticks (37) w/ Sausage (2)	Pepper Jack Enchiladas (18)
5 WG Chicken Nuggets (20) w/ WG Roll (32)	Crispy Chicken (15) Sandwich on WG Bun (27)	Corn Dog (30)
, ,	, ,	Mini Chef w/ Turkey (4) w/ WG Roll (32)
WG Uncrustable PBJ (32) w/ Cheez-Its	WG Uncrustable PBJ (35) w/ Cheez-Its	
(14) & Cheese stick (1)	(14) & Cheese stick (2)	WG Uncrustable PBJ (32) w/ Cheez-Its (14)
		& Cheese stick (1)
Side Item	<u>Side Item</u>	
Mashed Potatoes (17) w/ or w/o gravy (4)	Crispy Hashbrowns (31)	<u>Side Item</u>
Sweet Yellow Corn (15)	Garden Salad (2)	Tater Tots (19)
Caeasr Salad (5)	Veggie Nibbles (5)	Fresh Steamed Broccoli w/ Cheese Sauce
Baby Carrots (5)		(5)
		Garden Salad (2)
		Baby Carrots (5)